



COACHES DISTRIBUTION

7-27-22

WELCOME TO CHINO HILLS AYSO 779

Coach information 2016

Chris Coppes- Coach Administrator email:
Coachchris779@gmail.com

Derek Flynn- Coach Coordinator



CHINO HILLS AYSO REGION 779

- ▶ WE ARE AN ALL-VOLUNTEER ORGANIZATION
- ▶ WE ARE CELEBRATING OUR 31st YEAR AS A REGION!
- ▶ WE ARE ONE OF THE LARGEST REGIONS IN THE SURROUNDING AREA OFFERING OVER 1000 KIDS THE CHANCE TO PLAY SOCCER!



SIX AYSO PHILOSOPHIES

- ▶ Everyone Plays
 - ▶ *Each player must play at least 75% of each game.*
- ▶ Balanced Teams
- ▶ Good Sportsmanship
- ▶ Open Registration
- ▶ Player Development
- ▶ Positive Coaching



DIVISION COORDINATORS

- ▶ Coed 5 Liz Tafolla
- ▶ Boys 6U - Vanessa Snowden
- ▶ Girls 6U - Liz Tafolla
- ▶ Boys 8U - George Fitkowski
- ▶ Girls 8U - Andres Casias
- ▶ Boys 10U - Ryan Lewis
- ▶ Girls 10U - John Ziegenhohn
- ▶ Boys 12U - Chase Kadakia
- ▶ Girls 12U - Eric Guignard
- ▶ Boys 14U - Jeff Simonton
- ▶ Girls 14U - Jeff Simonton
- ▶ 16U/19U - Jason Tinsley



AYSO AGE MATRIX

- ▶ Playground for players 3 years old (2019) on or before Dec. 31st
- ▶ 5U for players 4 years old (2018) on or before Dec. 31st
- ▶ 6U for players 5 years old (2017) on or before Dec. 31st
- ▶ 8U for players 6 or 7 years old (2015/16) on or before Dec. 31st
- ▶ 10U for players 8 or 9 years old (2013/14) on or before Dec. 31st
- ▶ 12U for players 10 or 11 years old (2011/12) on or before Dec. 31st
- ▶ 14U for players 12 or 13 years old (2009/10) on or before Dec. 31st
- ▶ 16U for players 14 or 15 years old (2007/08) on or before Dec. 31st
- ▶ 19U for players 16, 17, or 18 years old (2004/05/06) on or before Dec. 31st



MANDATORY COACH MEETING

- ▶ FRIDAY, AUGUST 26TH at Community Park, Field 6
- ▶ Tentative schedule is below:
- ▶ 5U/6U division meeting - 5:15-5:45pm
- ▶ 8U division meeting - 6:00-6:30pm
- ▶ 10U division meeting - 6:45-7:15pm
- ▶ 12U/14U division meeting - 7:30-8:00pm
- ▶ Go over important details for the season with the Division Coordinator, Coach Administrator & Coach Coordinator



COACH CERTIFICATIONS

- ▶ All Coaches (Head Coach and Asst. Coach) must have the following 7 items completed to be certified to coach.
 - ▶ 1. **Current 2022 Volunteer Form:**
 - ▶ Sign up on ayso.bluesombrero.com
 - ▶ Link is at www.ayso779.com
 - ▶ 2. **Safe Haven Certification**
 - ▶ *(if completed in 2016 or later, does not have to be redone):*
 - ▶ Sign in to www.aysou.org
 - ▶ Found in Online Courses, then Safe Haven courses
 - ▶ Complete all sections
 - ▶ Free of charge



COACH CERTIFICATIONS

- ▶ **3. Concussion Training Certification (only need to complete once):**
 - ▶ Sign in to www.aysou.org
 - ▶ Found in Online Courses, then Safe Haven Courses
 - ▶ Complete all sections of the course
 - ▶ Free of charge
- ▶ **4. Sudden Cardiac Arrest Training**
 - ▶ Sign in to www.ayso.org
 - ▶ Found in Online Courses, then Safe Haven Courses
 - ▶ Complete all sections of the course
- ▶ **5. Complete Background check via Risk Status link**
 - ▶ In your volunteer account click the renew and update all links.



COACH CERTIFICATIONS

- ▶ 6. Complete Live scan at the region sponsored live scan function Week 2.
- ▶ 7. Safe Sport Training.
 - ▶ *All Training is easily accessible from the volunteer page under your account. You can select the box on the item you want to complete and then renew and update.*



COACH CERTIFICATIONS

IN PERSON Coach Certification Training (Sign up for course on www.aysou.org)

- ▶ 10U divisions: U10 Coach (Region offered Coach Clinics on August 6th)
- ▶ 12U divisions: U12 Coach (Region offered Coach Clinics on August 6th)
- ▶ 14U divisions: Intermediate Coach (U12 coach and online Intermediate pre-course completed as prerequisites)
- ▶ U16/19 divisions: Advanced Coach (Intermediate coach and online Advanced pre-course completed as prerequisites)



AYSO 779 COACH CERTIFICATION CLINICS

- ▶ 12U, Intermediate and Advanced coach certification classes
 - ▶ Can attend any class offered by our region or a region nearby
- ▶ Sign up on www.aysou.org (NO SIGNUPS. ON SITE, SIGN UP PRIOR)
 - ▶ Click “In Person Courses”
 - ▶ Click the [blue Sessions tab](#) for the coach level course needed
 - ▶ Click the [blue Register tab](#) for the course to are signing up for
 - ▶ Read the information for location and anything that needs to be completed prior to the certification course.
 - ▶ Time on the field is required so wear comfortable clothes and shoes geared for activity.
- ▶ MUST SIGN IN AND SIGN OUT TO COMPLETE COURSE



COACH ID BADGES

- ▶ 2022 Picture ID badge MUST be worn at practices and games by the Head and Assistant Coaches.
- ▶ Coaches must wear the 2022 Badge only.
- ▶ ID badges will be printed only when the 7 coach certification items have been completed.
- ▶ ID badges are for the safety of the coach.
- ▶ Pictures for ID badges will be taken on Picture Day at the coach table.
- ▶ ID badges will be available for pick up at the Region tent of your game site once ALL of your certifications are complete, starting on the first day of games.
- ▶ Coaches will sign in at the Board tent before their game and show their badge. This is for ALL divisions!



COACH SUPPLIES

THE REGION WILL PROVIDE ALL HEAD COACHES:

- ▶ 3 Soccer balls
- ▶ First Aid Kit
- ▶ Pinnies for ½ your team (8U and above)
 - ▶ 16U and 19U will get pinnies by request
- ▶ 12 Cones
- ▶ Coach T-shirt
- ▶ Ball bag



COACH CONDUCT

- ▶ POSITIVE COACHING to all players
- ▶ Be Prepared and Organized
- ▶ POSITIVE SIDELINE CONDUCT
- ▶ Respectful to Referees- ***new zero tolerance policy in place***
- ▶ Good communication with parents
 - ▶ Expectations from you, players and parents
- ▶ ALWAYS have player registration forms at practices and games
- ▶ Get your parents involved!
- ▶ Remember the kids are here to HAVE FUN!



PRACTICE SITES

- ▶ 10U-19U teams only...Practice slots will be assigned on first come, first serve. Practices can begin as early as August 1st, 2022
- ▶ ONLY TEAMS in Divisions 10U-19U teams can practice at Community Park
- ▶ We do NOT HAVE ACCESS TO GRAND FOR TRAINING THIS FALL
- ▶ Times: Field 3 4:15-5:30pm; 5:30-6:45pm; 6:45pm-8pm
- ▶ Times: Fields 1 and 5 4:30-5:45pm; 5:45-7:00pm; 7:00-8:15pm
- ▶ Days: Monday/Wednesday OR Tuesday/Thursday
- ▶ PLEASE BE RESPECTFUL OF FIELD SPACE AND TIME!
- ▶ SOCCER GOALS SHOULD NOT BE USED and ABSOLUTELY CANNOT BE MOVED!



PRACTICE SITES

- ▶ 5U-8U will practice at AYSO allowed parks and schools within the city limits.
 - ▶ Alterra Park, Butterfield Ranch Elementary, Townsend Jr. High or Canyon Hills Jr. High
 - ▶ NO more than 2 hours in a week for 5U-8U
 - ▶ Coach picks day(s) and times convenient to them. Email your division coordinator when and where you will be practicing.

Locations that are OFF limits:

- Ayala High School
- Chaparral Elementary
- Chino Hills High School
- Country Springs Elementary
- Eagle Canyon Elementary
- English Springs Park

Locations that are OFF limits:

- Fairfield Park
- Glenmeade Elementary
- Hunters Hill Park
- Litel Elementary
- Los Serranos Elementary
- Oakridge Elementary



COACH/PARENT MEETING

- ▶ Decide on a Team Name -
 - ▶ check with division coordinator that name is not duplicated prior to ordering banner, etc.

HAVE EVERY FAMILY SIGN UP FOR AT LEAST ONE POSITION!

- ▶ Get a Sponsor - Determines order of uniform color selection
- ▶ Assistant Coach
 - ▶ All teams are encouraged to have an assistant coach
 - ▶ Volunteer will need same certifications as head coach
- ▶ Referees
 - ▶ At least 3 per team, shouldn't be the coach; Certifications provided by Region
- ▶ Designate a Team Parent
- ▶ Set up/Take down helpers
- ▶ Banner Coordinator
- ▶ Treasurer
- ▶ Snack Coordinator



UK TRAINING

- ▶ UK Trainers will be assigned to our region from August 19th - October 7th.
- ▶ **Friday Night Foot Skills** will be available to players in ALL divisions.
 - ▶ Run by the UK training staff
 - ▶ Begins Friday, August 19th and ends on Friday, October 7th at Community Park.
 - ▶ 5U-8U: 5:15-6:15pm - Field 3 Moving to Field 4 9/9
 - ▶ 10U-14U: 6:30-7:45pm - Field 3 Moving to Field 4 9/9
 - ▶ Free to all 2022 registered players, sign in on site.



5U & 6U GUIDELINES

- ▶ Four 5 minute quarters with a 5 minute half time break.
- ▶ Games are 5-V-5.
- ▶ Players are required to play a minimum of 3 quarters of the game. (Our region has players participate for the entire game)
 - ▶ ****Player substitutions are performed on a quarter basis.**
- ▶ Direct free kicks only (indirect free kicks are not allowed).
- ▶ **All out of bounds restarts will be with a pass in. ***No Throw ins**
- ▶ No goal kicks or corner kicks.
- ▶ No heading of the ball.
- ▶ No offside infractions.
- ▶ Goalkeepers are not permitted.
- ▶ Home team provides referee.
- ▶ Coaches are not allowed on the field.
- ▶ **Coaches and referees must sign in at board tent prior to game.**
- ▶ Scores and standings are not kept.
- ▶ Soccer ball: Size 3



8U GUIDELINES

- ▶ Four 10 minute quarters with a 5 minute half time break.
- ▶ Games are 6-V-6. With Goal Keepers
- ▶ Players are required to play a minimum of 3 quarters of the game.
- ▶ Player substitutions are performed on a quarter basis.
- ▶ Free kicks (direct and indirect), goal kicks, and corner kicks are allowed.
- ▶ Throw ins are allowed.
- ▶ No offside infractions.
- ▶ No heading of the ball.
- ▶ Home team provides a referee.
- ▶ Coaches are not allowed on the field.
- ▶ Coaches and referees must sign in at board tent prior to their game.
- ▶ Scores and standings are not kept.
- ▶ Soccer ball: Size 3



NO HEADING RULE 12U AND BELOW

- ▶ 1. Consistent with the U.S. Soccer mandates on heading the ball, **heading is banned for all division players U-11 (U-12 and below for programs without single age divisions) and below in both practices and games.**
- ▶ Heading for players in U-14 is limited to a maximum of thirty (30) minutes per week with no more than 15-20 headers, per player. There is no restriction on heading in matches.
- ▶ 2. An indirect free kick will be awarded to the opposing team if a player age 10 or younger, deliberately touches the ball with his/her head during a game.
 - ▶ a. The indirect free kick is to be taken from the place where the player touched the ball with his/her head.
 - ▶ b. An indirect free kick awarded to the attacking team inside the opposing team's penalty area, must be taken on the penalty area line parallel to the goal line at the point nearest to where the player touched the ball with his/her head.
- ▶ 3. Neither cautions nor send offs shall be issued for persistent infringement or denying an obvious goal scoring opportunity related to the heading infraction.



10U GUIDELINES

- ▶ TWO - 25 minute halves with a 5 minute half time break.
- ▶ Games are 7-V-7. A minimum of 5 players on each team are required for the game to be played.
- ▶ Players are required to play a minimum of 3 quarters of the game.
- ▶ Player substitutions are performed on a quarter basis.
- ▶ Rules and regulations are per FIFA's Laws of the Game.
- ▶ No heading of the ball.
- ▶ *****No punting by the goalkeeper.**
- ▶ *****Goal kicks and goalkeeper possession will have a Build-Out line.**
- ▶ *****The Build-Out line shall be used as the line to determine offside. (use to be the half line)**
- ▶ Coaches are not allowed on the field.
- ▶ Coaches and referees must sign in at board tent prior to their game.
- ▶ Scores and standings are kept.
- ▶ Teams are required to provide a center and assistant referee for their team.
- ▶ Soccer ball: Size 4





12U GUIDELINES

- ▶ TWO - 30 minute halves with a 5 minute half time break.
- ▶ Games are 9-V-9. A minimum of 7 players on each team are required for the game to be played.
- ▶ Players are required to play a minimum of 3 quarters of the game.
- ▶ Player substitutions are performed on a quarter basis.
- ▶ Rules and regulations are per FIFA's Laws of the Game.
- ▶ No heading of the ball.
- ▶ Goalkeeper may punt the ball.
- ▶ Coaches are not allowed on the field.
- ▶ Coaches and referees must sign in at board tent prior to their game.
- ▶ Scores and standings are kept.
- ▶ Teams are required to provide a center and assistant referee for their team.
- ▶ Soccer ball: size 4



14U GUIDELINES

- ▶ TWO - 35 minute halves with a 5 minute half time break.
- ▶ Games are 11-V-11. A minimum of 7 players on each team are required for the game to be played.
- ▶ Players are required to play a minimum of 3 quarters of the game.
- ▶ Player substitutions are performed on a quarter basis.
- ▶ Rules and regulations are per FIFA's Laws of the Game.
- ▶ Coaches are not allowed on the field.
- ▶ Coaches and referees must sign in at board tent prior to their game.
- ▶ Scores and standings are kept.
- ▶ Teams are required to provide a center and assistant referee for their team.
- ▶ Soccer ball: Size 5



16U GUIDELINES

- ▶ TWO - 40 minute halves with a 5 minute half time break.
- ▶ Games are 11-V-11. A minimum of 7 players on each team are required for the game to be played.
- ▶ Players are required to play a minimum of 50% of the game.
- ▶ Free substitution of players is allowed.
- ▶ Rules and regulations are per FIFA's Laws of the Game.
- ▶ Games are primarily played during the week.
- ▶ Opponents will include teams from other regions.
- ▶ Schedules, scores, and standings are through the Area 1U website.
- ▶ Soccer ball: Size 5



19U GUIDELINES

- ▶ TWO - 45 minute halves with a 5 minute half time break.
- ▶ Games are 11-V-11. A minimum of 7 players on each team are required for the game to be played.
- ▶ Players are required to play a minimum of 50% of the game.
- ▶ Free substitution of players is allowed.
- ▶ Rules and regulations are per FIFA's Laws of the Game.
- ▶ Games are primarily played during the week.
- ▶ Opponents will include teams from other regions.
- ▶ Schedules, scores, and standings are through the Area 1U website.
- ▶ Soccer ball: Size 5



COACH CONTACTS

- ▶ In case of any concern, the person to contact is your **DIVISION COORDINATOR**.
- ▶ Division Coordinator will contact Coach Administrator or Referee Administrator.
- ▶ Coach Administrator or Referee Administrator will contact the Regional Commissioner.
- ▶ PLEASE RELAY ANY QUESTIONS OR CONCERNS TO YOUR DIVISION COORDINATOR!



AYSO LAW CHANGES

► Highlights of FIFA law changes:

- No major law changes for 2022/2023 other than minor verbiage clarifications

► Reminders of Last Year's Law Changes:

- Stoppage time relates to “lost” playing time
 - We usually cannot add stoppage time in AYSO matches due to back-to-back matches
- A “deliberate handball” is a “deliberate play” when judging a potential offside offense
- The arm in line with the bottom of the armpit is not a handball offense
- Accidental handball that leads to a teammate scoring a goal or having a goal scoring opportunity will NO LONGER be considered an offense

► Spirit of the Game

- Soccer is designed to be a player's sport and the involvement of non-players, such as Coaches and Referees, is intended to be limited.
- Soccer is a fast-paced sport that should flow with minimal interruptions. Referees have considerable flexibility when determining whether or not to stop play.



Post Season Invitational Acceptance Guidelines

► Post Season Invitational Tournament (10U-14U only)

- A post season invitational tournament is held at the conclusion of the regular season for the U10 through U14 divisions. The only requirement to be eligible for the post season invitational is that a team must maintain 25 points.
- Each team starts off with 30 points. 20 of these points are referee points and 10 are team sportsmanship points.
- Each team will be required to supply an AR for 10 games and a Center Referee for approximately 5 games.
- Each team will provide an AR for their own game to be positioned on their sideline.
- The Home team will be required to provide a Center Referee for the game prior to their own.
- In the instance of the last game of the day the Visiting team of the 2nd to last game will provide the Center Referee for the Last game of the day.
- Referees will be assigned to teams. Coaches will submit a referee form with a list of their referees similar to that of a Tournament Referee Form. Ref Admins will verify eligibility.
- 2 referee points are deducted for each missed center referee assignment.
- 1 referee point is deducted for each missed assistant referee assignment.
- Sportsmanship points are deducted for coach ejections or warnings. Sideline behavior is key to keeping your points.
- A team not earning the required referee and sportsmanship points will not be invited to participate in the post season invitational tournament regardless of the team's standings at the end of the season.
- The winners of the championship matches in each division will automatically advance to the Area 1B Fall Tournament which will be held in January.
- The Referee and Coach Administration will determine eligibility based on points.





THANK **YOU** FOR
VOLUNTEERING!

YOU MAKE A
DIFFERENCE!